

5 Paint Sheens for Every Room in Your Home

1. Why Paint Sheen Is as Important as Color

Sheen affects durability, how visible imperfections are, and room atmosphere, since higher-sheen finishes resist stains better while flat finishes hide surface flaws and create calm, quiet depth in a room.





2. Where Flat and Matte Finishes Belong

Flat and matte work best on ceilings and in low-traffic rooms like formal dining rooms and guest bedrooms, since they hide texture variations and surface imperfections but show fingerprints and scuffs in busier spaces.

3. Eggshell and Satin for Most Living Spaces

Eggshell offers a slight sheen suited to living rooms and dining areas, while satin handles humidity better for kids' rooms and hallways, with both balancing durability and a refined look without added reflectivity.





4. Semi-Gloss and Gloss for High-Touch Surfaces

Semi-gloss is the standard for trim, doors, and window frames and handles kitchen and bathroom moisture well, while gloss suits cabinets and furniture surfaces needing a hard, durable shell against daily wear.

5. Choosing Sheens for Your Whole Home

There isn't one sheen that works everywhere, flat and matte hide imperfections, eggshell and satin suit everyday living spaces, and semi-gloss or gloss withstand moisture and constant contact, depending on how each room is used.



Presented by:
GildedPainting.com

Image Source:
chatgpt.com (AI-generated)